

The ESPCG has established a reputation for delivering high quality educational events from London to Rome, from Bucharest to Zagreb. The Society's mission has always been to increase knowledge of gastrointestinal disorders in primary care and on Thursday 23rd and Friday 24th October 2025 the ESPCG is hosting a two-day educational event at the University of Barcelona.

Different disorders such as IBS, IBD, infectious hepatitis, alcoholic and non-alcoholic liver disease are a focus for the Society to ensure adequate management in different European scenarios. Latest developments in disorders of the gut brain axis, treatments for IBD and new treatments for the liver make these key topics for the Society as well as for the wider gastroenterology community as we work together to help reduce the European burden of these diseases and conditions. Immigration among European countries is also a recent and relevant factor adding to the need for wider hepatic knowledge.

The ESPCG plans to partner with UEG, EASL, ESNM, locally with the University of Barcelona and Clinic Hospital. They will bring together a list of speakers with the ability to educate and inform a national and European primary care audience.

Primarily GPs from across Europe, especially those with an interest in gastroenterology including hepatology. There will also be a local audience drawn from Catalan and the wider Spanish GP network as well as those invited by EASL and the University of Barcelona. We also expect support from all the ESPCG national societies to encourage attendance especially from UK, Italy, France, Netherlands, Greece, Romania, Croatia, Bulgaria, Sweden, Norway, Estonia, Czech Republic and Poland.

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## Gastrointestinal & Liver Conference

Empowering Family Doctors  
in GI and Liver Disease

23 - 24th  
October 2025

University of Barcelona



Registration information:

Supported by  
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BARCELONA





## Day 1 – Thursday October 23rd - GI Tract

Afternoon Session: 15.00-18.30

15:00 - 15:20	Registration
15:20 - 15:30	<b>Welcome and Introduction</b> Dr. Juan Mendive, CAMFiC and President ESPCG (Spain)
<b>Session 1. Updating in GI Tract</b> Chair. Pierluigi Fracasso, ESPCG (Italy)	
15:30 - 15:50	<b>Reflux-Like symptoms: why a new approach is required within primary care</b> Prof. Sir Pali Hungin, ESPCG (UK)
15:50 - 16:10	<b>IBS in the time of DGBI: Management from Primary Care, Rome V Expectations and the Role of Microbiome</b> Prof. Christos Lionis, ESPCG (Greece)
16:10 - 16:30	<b>IBD management in primary care: What all GPs need to know</b> Dr. Kevin Barret, PCSG (UK)
16:30 - 16:45	<b>Q&amp;A to speakers</b>
Coffee/tea break and networking	
17:15 - 17:35	<b>Management of Constipation in Primary Care: A patient centred approach</b> Dr. Ram Dickman, ESNM (Israel)
17:35 - 17:55	<b>Gastrointestinal Health and lower DGBI from Primary Care: Protecting our patient's GI tract</b> Dr. Juan Mendive, ESPCG (Spain)
17:55 - 18:10	<b>Q&amp;A to speakers</b>
18:10 - 18:30	<b>Summary and key learnings from the day by chair</b>

End of day one

## **Day 2 - October 24th - Liver**

Morning Session: 9.00-13.00

<b>Session 2. Liver Update I: Importance of liver fibrosis and the role of screening</b> Chairs Prof. Núria Fabrellas, UB (Spain), Dr. Juan Mendive, CAMFIC and President ESPCG (Spain)	
9:00 - 9:10	<b>Welcome from local networks:</b> Dr Juan Mendive ESPCG, Prof. Pere Ginès, UB-Hospital Cínic (Spain)
9:10 - 9:30	<b>Epidemiology of liver diseases in the world</b> Dr. Adrià Juanola, hepatologist, UB-Hospital Cínic (Spain)
9:30 - 9:50	<b>The importance of fibrosis in chronic liver diseases</b> Dr. Juan Manuel Pericas, hepatologist, Hospital Vall D'Hebron (Spain)
9:50 - 10:10	<b>Noninvasive evaluation of liver fibrosis</b> Dr. Jordi Gatracòs, hepatologist, UB-Hospital Cínic (Spain) / Ruth Nadal, nurse, IDIBAPS (Spain)
10:10 - 10:30	<b>Population screening for liver fibrosis: are we ready?</b> Dr. Pere Ginès, hepatologist, UB-Hospital Cínic (Spain)
10:30 - 10:45	<b>Q&amp;A to speakers and summary by chairs</b>
Coffee/tea break and networking	
<b>Session 3. Liver Update II: Steatotic liver disease</b> Chairs Prof. Núria Fabrellas, nursing professor UB, (Spain), Prof. Pere Ginès, EASL-UB (Spain)	
11:15 - 11:35	<b>Steatotic Liver Disease (SLD) and Metabolic-associated liver disease (MASLD): the new nomenclature and epidemic of chronic liver disease. A Primary Care perspective</b> Dr. Juan Mendive, ESPCG (Spain)
11:35 - 11:55	<b>Metabolic-associated steatotic liver disease (MASLD): The new epidemic of liver disease and need for primary care implication</b> Dr. Isabel Graupera, hepatologist, UB-Hospital Cínic (Spain)
11:55 - 12:15	<b>Alcohol-related liver diseases: coordination between primary and secondary care</b> Dr. Elisa Pose, hepatologist, UB-Hospital Cínic (Spain)



12:15 - 12:35	<b>The importance of lifestyle in liver health and disease: time for interventions</b> Marta Cervera, nurse & Martina Perez nurse partционер, UB-Hospital Clinic (Spain)
12:35 - 13:00	<b>Q&amp;A to speakers and summary by chairs</b>
Lunch and networking	

## Afternoon Session: 14.30-16.30

<b>Session 4. Updating for primary care (III)</b> Chairs Dr Juan Mendive, Dr. Jelena RaKic-Matic ESPCG (Croatia)	
14:30 - 14:50	<b>Case-finding for liver fibrosis in Primary Care.</b> <b>Use of non-invasive tools for liver risk stratification</b> Professor Jean Muris, ESPCG (The Netherlands)
14:50 - 15:10	<b>Alcohol-related liver disease: an opportunity for early diagnosis in Primary Care</b> Dr. Mihaela Udrescu, ESPCG (Romania)
15:10 - 15:30	<b>Hepatitis management in Primary Care: The hepatitis C scenario</b> Dr. Foteini Anastasiou, ESPCG (Greece)
15:30 - 15:50	<b>Q&amp;A to speakers</b>
15:50 - 16:10	<b>Summary of session four by chairs</b>
16:10 - 16:30	<b>Evaluation of the activity and final remarks to participants</b>

End of Programme



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